

DISCOVER DURHAM REGION'S

TRAILS

get active



1-800-413-0017
www.durhamtrails.ca



DURHAM REGION'S TRAILS

get active



DISCOVER OUR TRAILS

Durham Region offers over 350 kilometres of recreational trails that intertwine throughout our communities. You will truly be amazed by the trails and the surrounding environment!

Durham Region invites you to experience our abundant outdoors. From the waterfront trails to the rolling hills of the Oak Ridges Moraine, Durham Region abounds with excellent recreational opportunities. Our trails provide wonderful spaces throughout the year to walk, jog, hike and bike, cross-country ski, snowshoe and in-line skate. Explore the wetlands, woodlands and parks along our natural trails. Re-connect with nature and enjoy the fresh outdoors.

Durham trails will lead you through a pleasant mix of urban centres, small towns, rolling hills, alongside sparkling streams and through lush green forests.

Enjoy active healthy living and get the most out of life as a family, with friends or on your own. Turn your exploration into an adventure by including Durham's great attractions along the way. Experience all Durham has to offer and take to the trails!

Acknowledgements: This Guide was produced by the Region of Durham and Durham Lives with graphic design and production by Jellybean Imaging Inc. Photographs donated by various tourism partners and the Region of Durham.

All information contained in this publication is believed to be accurate and complete at the time of printing. Since much of this information is subject to change, we assume no liability for any damages or loss arising from errors, omissions or information given in any of the listings included in this publication.

Printed in Canada, 2006



For additional information on Tourism in Durham Region please visit our website or request a copy of our Discovery Guide.

Toll Free: 1-800-413-0017

Website: www.durhamtourism.ca



For additional information on physical activity, healthy eating and a smoke free community in Durham call or visit:

Toll Free: 1-800-841-2729, Ext. 3236

Website: www.durhamlives.org

Trail Use Legend



Durham Region's Trails are an excellent destination for the whole family because of the extensive opportunities for recreational activities at each. The following icons are used throughout this guide next to Trail listings to identify these facilities and opportunities.

-  Parking
-  Washrooms
-  Hiking/Walking/Running
-  Roller Blading
-  Biking/Mountain Biking
-  Horseback Riding
-  Cross-Country Skiing




PICKERING

1. Altona Forest

Toronto and Region Conservation Authority (TRCA)

Tel: 416-661-6600

www.trca.on.ca

Facilities: 

The Altona Forest is an environmentally significant forest composed of mixed coniferous and deciduous trees, which is located in the southern portion of the Petticoat Creek Watershed. The diverse forest vegetation is very sensitive, containing several regionally and provincially rare plant species. This beautiful mature forest provides hikers, cross-country skiers and snow-shoeing enthusiasts many wonderful nature viewing opportunities within an urban context.

Details: 3.2 km, Native soil

Access: Altona Road & Stroud's Lane

2. Petticoat Creek Conservation Area

TRCA

Tel: 416-661-6600

www.trca.on.ca

Facilities: 

Escape the summer heat with mild breezes coming off the shores of Lake Ontario. Enjoy a walk through the area, picnic in the cool shade of a tree, explore the lakeshore below the bluff or cool off in the supervised pool for wading and swimming. Call for fees and operation dates.

Details: 1 km, Woodchips

Access: Whites Road, Rodd Avenue, Park Crescent

3. Seaton Trail

TRCA

Tel: 416-661-6600

www.trca.on.ca

Facilities: 

Located along the West Duffin Valley, north east of Metro, this beautiful valley provides a fascinating history that goes back centuries to when aboriginal people roamed the area harvesting abundant salmon and game. The trail was created in cooperation with the Toronto and Region Conservation Authority, and consists of sections for walking, wilderness and heritage.

Details: 9.7 km

Access: Hwy #7, Green River, Whitevale Road, Clarkes Hollow, Third Concession

4. Waterfront Trail - Pickering

Waterfront Regeneration Trust

Tel: 416-943-8080

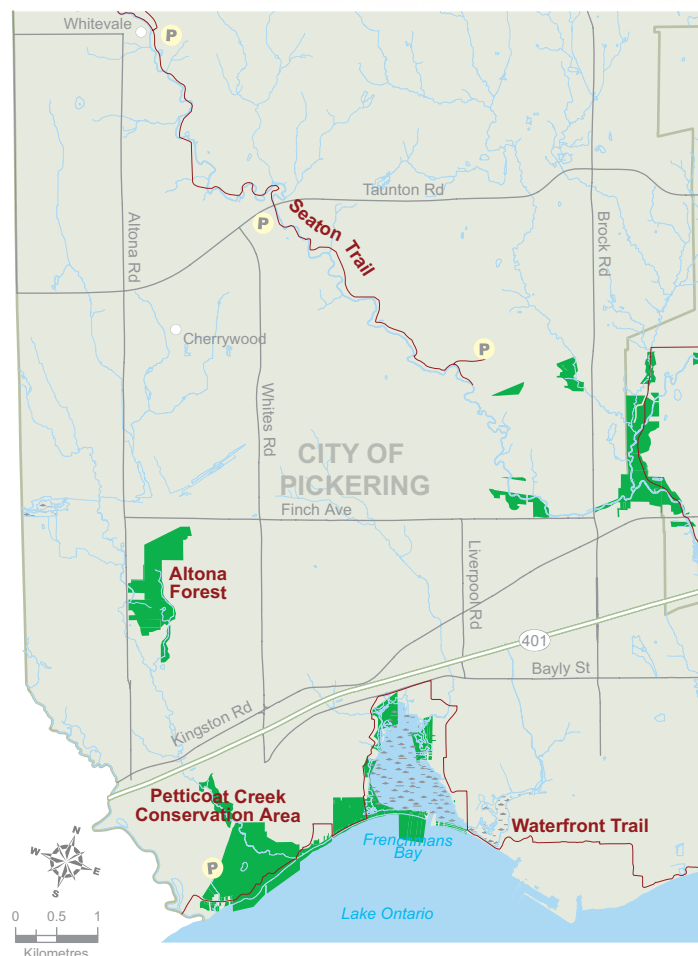
www.waterfronttrail.org

Facilities: 








The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston.

Details: 12.2 km

Access: Petticoat Creek Conservation Area, West Shore Community Centre, Millennium Square, Frisco Road



LEGEND

-  Hamlets
-  Regional Roads
-  Provincial Highways
-  Municipal Boundaries
-  Trails
-  Conservation Areas
-  Marshes



AJAX

1. Greenwood Conservation Area

Tel: 905-683-2957

Facilities:    , Picnic Shelters

Just 20 minutes east of Toronto, this park offers you a chance to escape to nature along the banks of Duffins Creek. Hiking trails allow you to explore the forest or the steep-sided river valley. User fees for groups.

Details: 2 km, Grass & natural surface

Access: Greenwood Road, west of Westney Road

Town of Ajax

2. Trans Canada Trail - North Ajax

Tel: 800-465-3636

Facilities:      

From Mill Street and Church Street the trail follows Duffins Trail System travelling through the environmentally sensitive area of Major-Spink. An underpass is in place to cross Kingston Road, and two Duffins Creek overpasses, part of the mapped trail system, are in the construction stage. The trail is scenic, diverse and interesting, with cultural and natural history woven throughout. The creek is wide and fast, with steep embankments and cold water aquatic communities, including healthy self-sustaining populations of rainbow and brown trout.

Details: 20 km, rail, woodland, meadow, concession roads and urban

Trans Canada Trail

www.tctrail.ca

Duffins Creek North

Access: Riverside Drive

Facilities:  

Duffins Creek South

Access: Clements Road West, Lake Driveway West

Facilities:  

3. Waterfront Trail - Ajax

Tel: 416-943-8080

Facilities:      

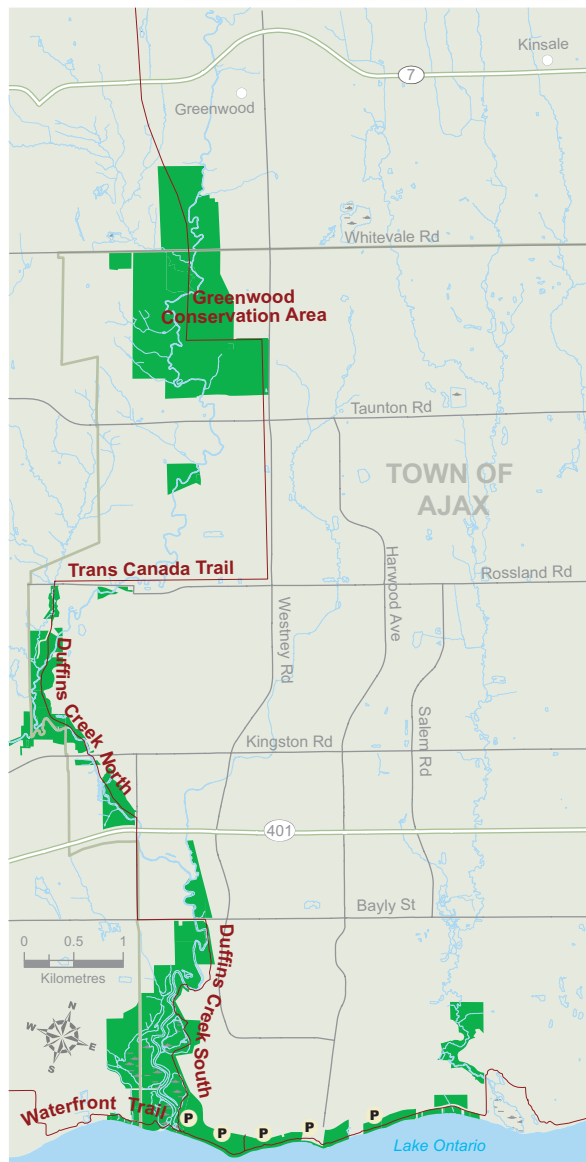
The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston

Details: 6 km








Access: Rotary Park, Pickering Beach and various points along Lake Driveway

Waterfront Regeneration Trust

www.waterfronttrail.org



LEGEND

	Hamlets		Trails
	Regional Roads		Conservation Areas
	Provincial Highways		Marshes
	Municipal Boundaries		



WHITBY WATERFRONT

1. Lynde Shores Conservation Area

Tel: 905-579-0411

Facilities: Information Kiosk, Viewing Platform

Located in the south end of Whitby, Lynde Shores Conservation Area features two provincially significant wetlands. The conservation area is open year-round although canoe launching is seasonal. Dogs are prohibited.

Parking is \$.50 per half hour, \$2.00 per day/vehicle.

Details: 2.5 km, Hard granular

Access: Victoria Street West

CLOCA

www.cloca.com

2. Waterfront Trail - Whitby

Tel: 416-943-8080

Facilities: Information Kiosk, Viewing Platform

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston.

Details: 10.6 km

Access: Port Whitby Harbour, Rotary Sunrise Lake Park, Kiwanis Heydenshore Park & Pavilion

Waterfront Regeneration Trust

www.waterfronttrail.org

Respect the Trail Code



- Respect and obey trail signs using only marked routes.
- Stay on existing trails.
- Keep the trail clean. Only leave your footprints behind.
- Do not disturb plant life, wildlife or farm animals.
- Use stiles to climb fences.
- Hikers should avoid walking in cross-country ski tracks where possible.
- Slower traffic has the right of way.
- Keep to the right when meeting other trail users.
- Control your dog on a leash at all times.





OSHAWA WATERFRONT

1. McLaughlin Bay Wildlife Reserve

Tel: 905-644-1996

Facilities:

A series of 11 trails in network of McLaughlin Bay Wildlife Reserve - connected to Second Marsh Wildlife Area and Darlington Provincial Park - part of provincial waterfront system.

Details: 7km, Hard granular surface

Access: General Motors of Canada corporate office

General Motors of Canada

www.mclaughlinbay.org

2. Second Marsh Wildlife Area

Tel: 905-723-5047

Facilities:

A 140 hectare wetland on the shores of Lake Ontario in Southeast Oshawa. This wetland provides important habitat for an array of bird, mammal, fish, amphibian, reptile and insect species, especially during spring and fall migration. Second Marsh boasts a series of trails and viewing towers that allow visitors to view the area. The wheelchair accessible Waterfront Trail travels up the west side while a secondary boardwalk trail passes through a swamp forest known as Ghost Road Bush on the north side.

Details: 2.5 km

Access: Farewell Street, Colonel Sam Drive

Friends of Second Marsh

www.secondmarsh.science.uoit.ca

3. Waterfront Trail - Oshawa

Tel: 416-943-8080

Facilities:

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston.

Details: 9 km

Access: Lakeview & Lakefront West Park

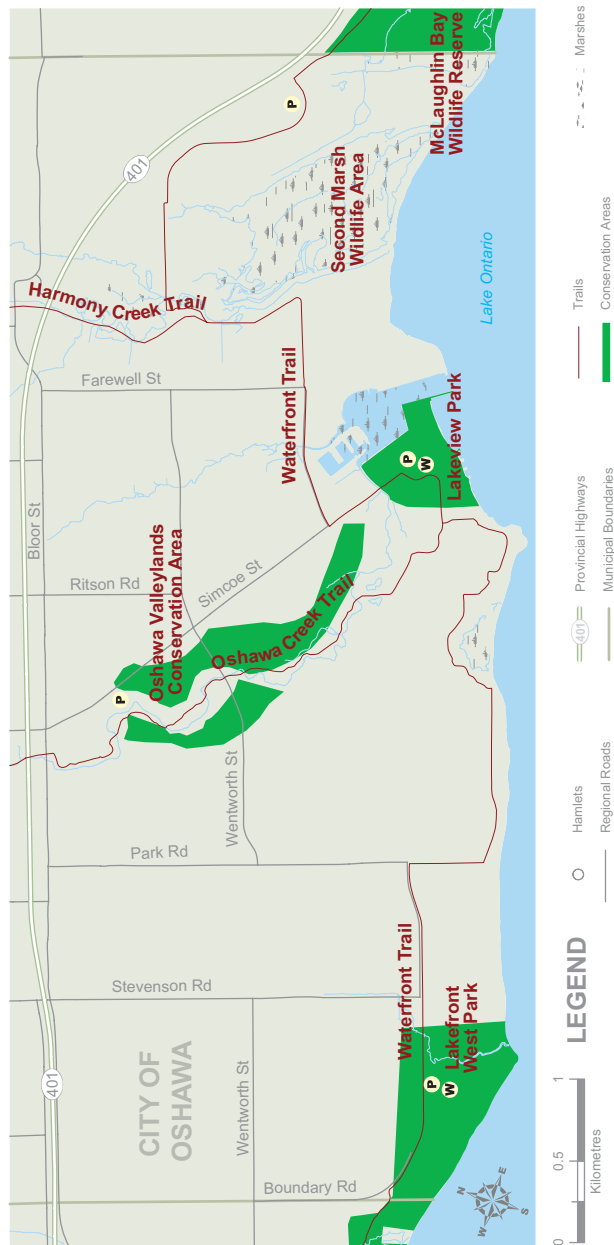
Waterfront Regeneration Trust

www.waterfronttrail.org

Get ACTIVE!



Enjoy the benefits of regular physical activity such as better health, improved fitness, better posture and balance, better self-esteem, weight control, stronger muscles and bones, feeling more energetic, relaxation and reduced stress, continued independent living in later life.





CITY OF OSHAWA

1. Harmony Creek Trail

Tel: 905-436-5621

Facilities: 

The Harmony Creek watershed provides a diverse landscape and ecosystem that terminates at the Second Marsh, a Class 1 wetland. A number of parks and recreation complexes are located along the trail that offer picnic areas, nature viewing and playgrounds.

Details: 3.8 km, Hard granular

Access: Farewell Park (Farewell Street)

City of Oshawa

2. Oshawa Creek Trail

Tel: 905-436-5621

Facilities: 

The Oshawa Creek is home to the spring and fall trout and salmon runs; truly a spectacular event that everyone will enjoy. Many activities and points of interest are found along, or are accessible, from this trail. A number of parks along the trail provide both passive and active recreational activities.

Details: 6.8 km, Hard granular

Access: Lakeview Park, Children's Arena, Bloor & Simcoe Streets

City of Oshawa

3. Michael Starr Trail

Tel: 905-436-5621

Facilities: 

This 2 km trail was built on the former CN line. Construction of the trail recognizes Colonel Michael Starr's many contributions to the City of Oshawa and Canada.

Details: 2 km, Asphalt

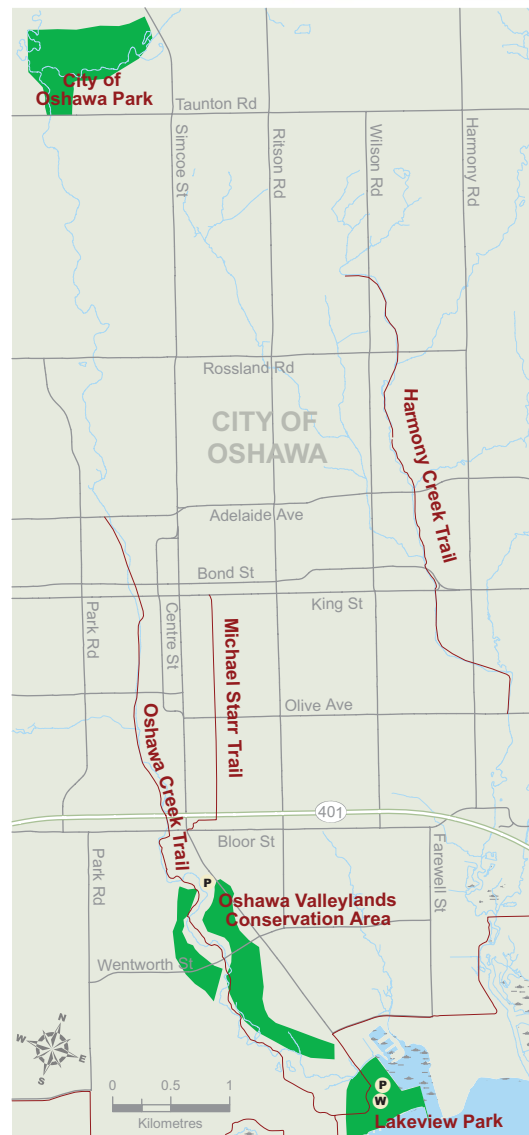
Access: City of Oshawa Information Centre, Bloor Street

City of Oshawa








Be SUN SAFE!



Prevent skin cancer by reducing sun exposure. Be 'Sun Safe' and cover up, seek shade, and wear a hat and apply sunscreen with an SPF 15 or higher. For more information on sun safety and other health topics, visit the Health Department's website at www.region.durham.on.ca



LEGEND

- | | | | |
|---|----------------------|---|--------------------|
|  | Hamlets |  | Trails |
|  | Regional Roads |  | Conservation Areas |
|  | Provincial Highways |  | Marshes |
|  | Municipal Boundaries | | |

CLARINGTON WATERFRONT



CLARINGTON WATERFRONT

1. Bowmanville Harbour Conservation Area Municipality of Clarington
Tel: 905-623-3379
Facilities: www.clarington.net

Located on Lake Ontario in the Municipality of Clarington. There is a boat launch, parking and nearby access to the waterfront.

Details: 1 km, Granular.

Access: West Beach Road

2. Bowmanville and Soper Valley Trails Municipality of Clarington
Tel: 905-623-3379
Facilities: www.clarington.net

The Bowmanville Valley Trail travels along the west side of the Village of Bowmanville; the Soper Trail follows Soper Creek. The trails were constructed in partnership between Valleys 2000 and the Municipality of Clarington.

Details: 2 km, Paved and granular

Access: Bowmanville - King Street and Baseline Road

Soper - King Street and Simpson Avenue

3. Bowmanville/Westside Marshes Conservation Area CLOCA
Tel: 905-579-0411
Facilities: www.cloca.com

Bowmanville/Westside Marshes Conservation Area hosts two provincially significant wetlands that are home to a wide variety of plants and animals.

Open May 1 - Oct 15. Parking is \$0.50 per half hour. \$2 per day/vehicle.

Details: 2 km, Hard granular

Access: West Beach Road

4. Darlington Nuclear Trail Darlington Nuclear Information Centre
Tel: 905-623-7122
Facilities: www.opg.com

Discover the beauty of wetlands, meadows, and forests with almost 900 species of flora and fauna. Find 207 species of birds nesting in the treetops.

Active visitors can jog the fitness loop or pack a picnic and stay the day.

Details: 7.5 km, Hard granular

Access: Park Road

5. Darlington Provincial Park Darlington Provincial Park
Tel: 905-436-2036
Facilities: www.ontarioparks.com

The McLaughlin Bay Trail follows the coastal bay marsh. The Robinson Creek Trail utilizes the 'In Pursuit of Nature Trivia' guide. The Burk Trail traverses fields, reforested areas, a pioneer cemetery and features a lakeview lookout. The Waterfront Trail offers biking along park roads and walking beside Lake Ontario. Call for fees and operation dates

Details: 5 km, Grass, dirt, wood chips, pavement

Access: Park Road

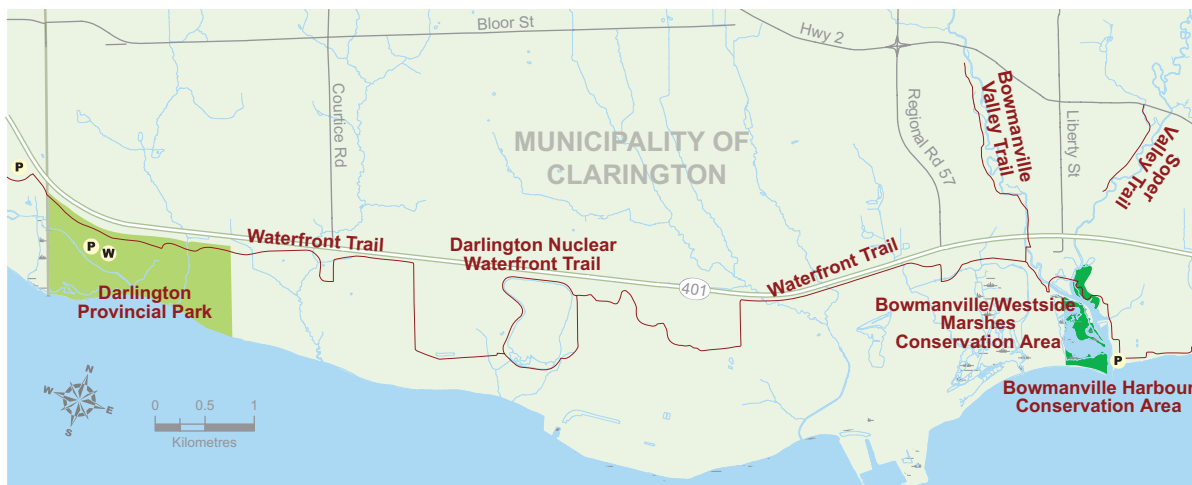
6. Waterfront Trail - Clarington Waterfront Regeneration Trust
Tel: 416-943-8080
Facilities: www.waterfronttrail.org

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston.

Details: 33.2 km

Access: Darlington Provincial Park, Ontario Power Generation - Darlington Nuclear,

Bowmanville Harbour Conservation Area, Bond Head Park



LEGEND

- Hamlets
- Regional Roads
- Provincial Highways
- Municipal Boundaries
- Trails
- Conservation Areas
- Provincial Park
- Marshes



WILMOT CREEK

1. Samuel Wilmot Nature Area

Tel: 905-623-3379

Facilities: 

Comprised of 77 hectares of stream valley lands and wetlands on the shore of Lake Ontario. The Waterfront Trail traverses the property and walking/hiking trails provide access to shoreline, Newcastle Marsh and Wilmot Creek.

Details: 2.1 km, Limestone, soft surface

Access: Cobblecliff Road & Toronto Street

Municipality of Clarington

www.clarington.net

2. Waterfront Trail - Wilmot Creek

Tel: 416-943-8080

Facilities: 

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quinte West, with plans to extend to Kingston.

Waterfront Regeneration Trust

www.waterfronttrail.org

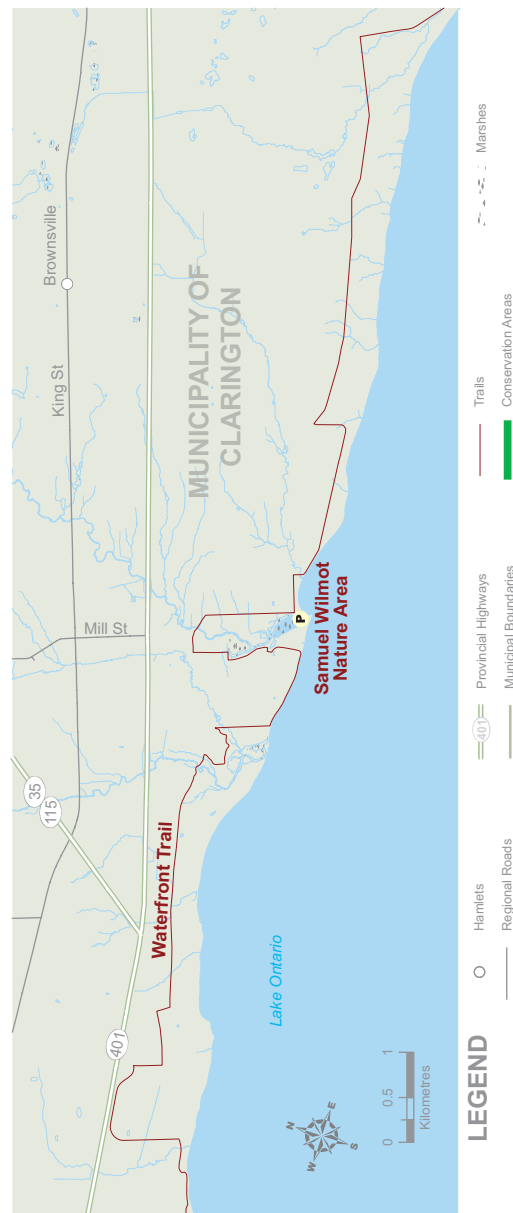
Adult Physical Activity

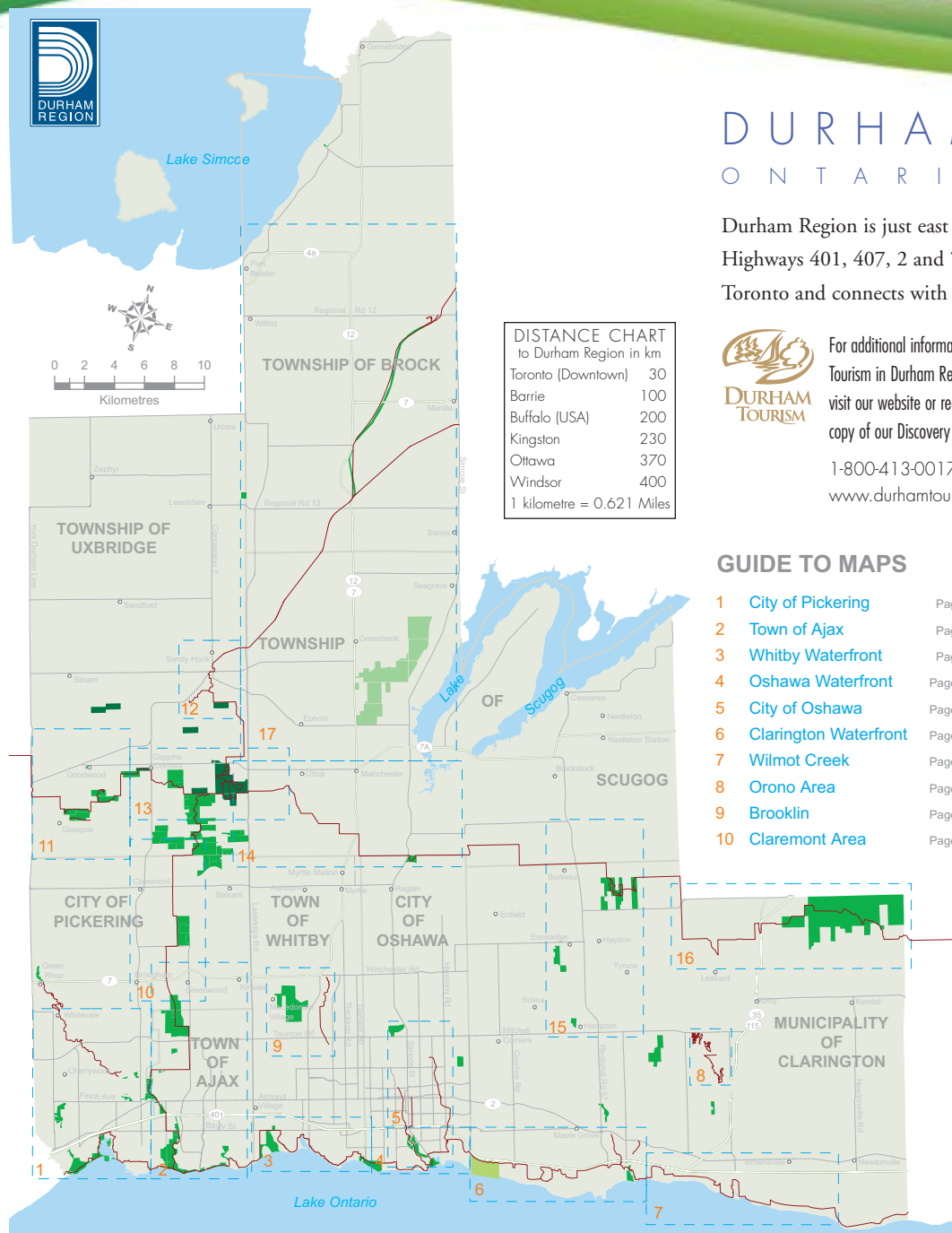


The Physical Activity Guide for Adults recommends:

- Accumulating 60 minutes of physical activity daily.
- As you progress to moderate activities you can cut down to 30 minutes, 4 days a week.
- Add up your activities in periods of at least 10 minutes.
- Starting slowly is very safe for most people. Not Sure? Consult your health professional.

(Source: Health Canada)





DISTANCE CHART to Durham Region in km	
Toronto (Downtown)	30
Barrie	100
Buffalo (USA)	200
Kingston	230
Ottawa	370
Windsor	400
1 kilometre = 0.621 Miles	

DURHAM REGION

ONTARIO CANADA

Durham Region is just east of Toronto and can be easily accessed by Highways 401, 407, 2 and 7. Go Transit provides regular service from Toronto and connects with the Durham Region Transit system.



For additional information on Tourism in Durham Region visit our website or request a copy of our Discovery Guide.

1-800-413-0017
www.durhamtourism.ca



For additional information on physical activity in Durham Region call or visit:

1-800-841-2729 Ext. 3236
www.durhamlives.org

GUIDE TO MAPS

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LEGEND

- Hamlets
- Regional Roads
- 401 Provincial Highways
- Municipal Boundaries
- - - Trail Map Segments
- Trails
- Conservation Areas
- Regional Forest
- Provincial Park
- Crown Land

Map courtesy of the Regional Municipality of Durham GIS Services. For a detailed map, please refer to a Provincial Road Map



ORONO AREA

1. Orono Crown Lands

Tel: 905-983-9785

Facilities: , Picnic Tables

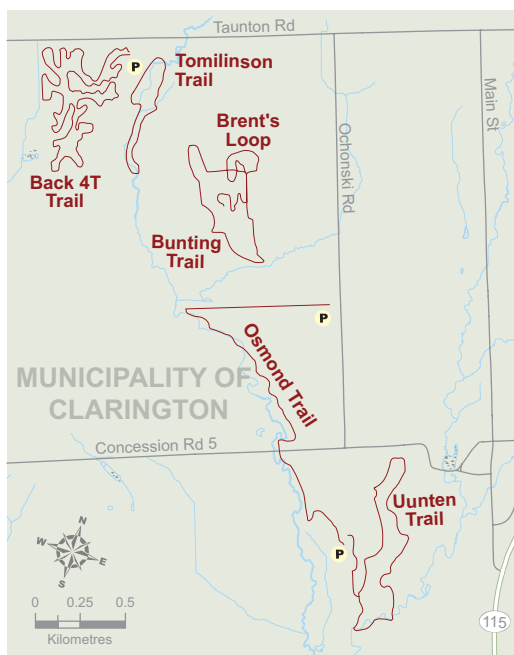
Located just west of Orono Village within the Wilmot Creek watershed, the Lands offer significant aquatic natural resources. They are a haven for frogs, salmon, rainbow and brown trout. The Lands feature abandoned nursery production beds, natural forested areas, abandoned seed orchards and open fields, along with the remnants of man-made structures.

Details: Hard granular and earth

Access: Ochonski Road at Station Street and Concession 5 east of Ochonski Road

Orono Crown Lands Trust

www.oronocrownlands.com



LEGEND

- Hamlets
- Regional Roads
- Provincial Highways
- Municipal Boundaries

BROOKLIN

1. Brooklin Lions Trail

Facilities:

An accessible, educational and ecologically balanced trail that will feature long-term monitoring of the biotic and abiotic components of the creek, its floodplain and the surrounding tablelands. Visit the website for printable self-guided tour information.

Details: 1.6 km, Hard granular

Access: Luther Vipond Memorial Arena

Brooklin District Lions Club

www.lionstrail.org

2. Heber Down Conservation Area

Tel: 905-579-0411

Facilities:

Heber Down Conservation Area is host to a mosaic of plants and animal communities. Close to the city, yet country quiet, Heber Down Conservation Area is a great place for a quiet walk. The Lynde Creek also provides many angling opportunities. Open May 1 - October 15.

Parking: \$0.50 per 1/2 hour or \$2 per day/vehicle. Group Reservations available

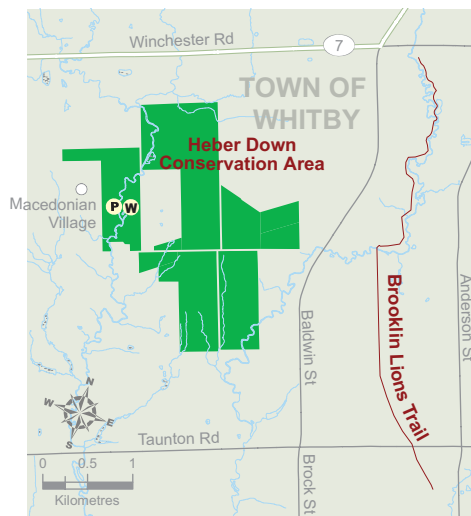
Details: Devil's Den - 1 km

Iroquois Shoreline - 5 km, Granular, paved, earth trail

Access: Country Lane Road via Taunton Road in Whitby

CLOCA

www.cloca.com



- Trails
- Conservation Areas
- Marshes



CLAREMONT AREA

1. Trans Canada Trail

Tel: 800-465-3636

Facilities: 

The trail enters Uxbridge via the abandoned CN Rail Line from Lindsay, traverses the Uxbridge urban area and extends south through Brookdale, the Durham Forest, and finally through the Glen Major Complex to the Uxbridge-Pickering Townline.

Details: 20 km, Rail, woodland, meadow, concession roads, urban

Access: North - Hwy #23, urban Uxbridge, Brookdale Road

Durham Forest - Hwy #21 and 7th Concession, Houston and 7th Concession

Glen Major - Houston and 7th Concession, Townline and 7th Concession,

6th Concession at Timber Bros Pit

Trans Canada Trail

www.tctrail.ca

2. Glen Major Forest & Walker Woods

Tel: 416-661-6600

Facilities: 

Walker Woods and Glen Major Forest comprise 1548 hectares of environmentally significant forest on the Oak Ridges Moraine. Mixed deciduous and coniferous forest.

Details: 48 km (Including 19 km Trans Canada Trail & 18 km Oak Ridges Trail)

Natural Surface

Access: 6th & 7th Concession

TRCA

www.trca.on.ca

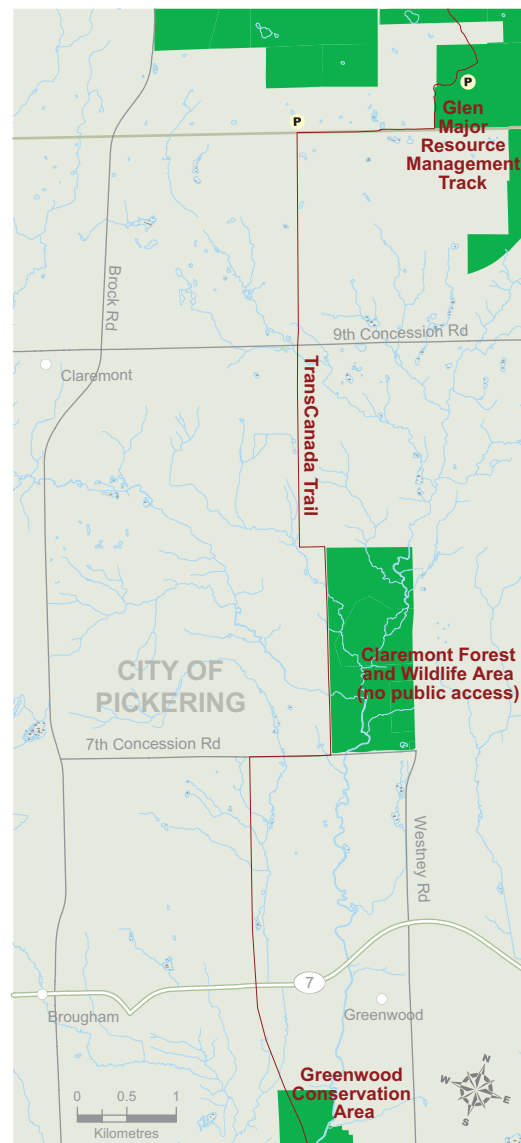
Youth Physical Activity



The Physical Activity Guides for Children and Youth recommend:

- To build physical activity slowly, in periods of 5 to 10 minutes.
- Work towards achieving a daily total of at least 30 minutes of vigorous activity (running, soccer) and 60 minutes of moderate activity (bike riding, swimming, playing outdoors).
- Reduce "non-active" time spent on screen activities (TV, computer, video), starting with 30 minutes less per day.

(Source: Health Canada)



LEGEND

	Hamlets		Trails
	Regional Roads		Conservation Areas
	Provincial Highways		Marshes
	Municipal Boundaries		



GOODWOOD AREA

1. Oak Ridges Trail

Tel: 877-319-0285

Facilities:

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment eastward to the Trent River watershed. The Moraine passes through some of the most beautiful countryside in Southern Ontario. The Oak Ridges Moraine contains the headwaters of more than thirty rivers draining into Lakes Simcoe and Ontario, and is the source of drinking water for many municipalities. The trail extends through a beautiful section of the Durham Forest and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough Counties. Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas Access: Trail crosses most north-south roads in Durham.

Oak Ridges Trail - Clubine Tract

Details: 2 km

Access: Concession #4, Brock Road South of Coppins Corners

Facilities:

Oak Ridges Trail - Goodwood Tract

Details: 3 km

Access: Concession #2, Concession #3

Facilities:

Oak Ridges Trail - Second Forest

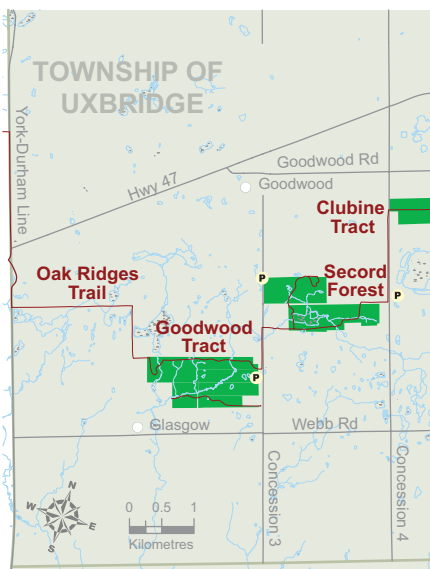
Details: 5 km

Access: Second Road, Concession #4 south of Goodwood

Facilities:

LEGEND

- Hamlets
- Regional Roads
- Provincial Highways
- Municipal Boundaries
- Trails
- Conservation Areas
- Marshes



TOWNSHIP OF UXBRIDGE

1. Trans Canada Trail

Tel: 800-465-3636

Facilities:

The trail enters Uxbridge via the abandoned CN Rail Line from Lindsay, traverses the Uxbridge urban area and extends south through Brookdale, the Durham Forest, and finally through the Glen Major Complex to the Uxbridge-Pickering Townline.

Details: 20 km, Rail, woodland, meadow, concession roads, urban

Access: North - Hwy #23, urban Uxbridge, Brookdale Road

Durham Forest - Hwy #21 and 7th Concession, Houston and 7th Concession

Glen Major - Houston and 7th Concession, Townline and 7th Concession,

6th Concession at Timber Bros Pit

2. Wooden Sticks Trail

Tel: 905-852-9181

Uxbridge Township

Facilities:

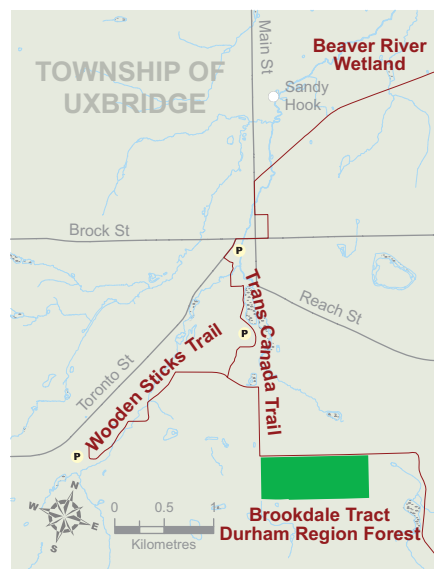
Wooden Sticks Trail provides a varied walking, running or cycling experience. It includes a section cut through a dense wooded area, a section through Elgin Park and a part that cuts through and around the Estates of Wooden Sticks housing development and its large pond.

Details: 2 km, Paved and natural

Access: Elgin Park Drive

LEGEND

- Hamlets
- Regional Roads
- Provincial Highways
- Municipal Boundaries
- Trails
- Conservation Areas
- Marshes





TOWNSHIP OF UXBRIDGE DURHAM FOREST

1. Durham Regional Forest Lake Simcoe Region Conservation Authority

Tel: 905-895-1281

www.lsrca.on.ca

Facilities: 

The Durham Regional Forest Main Tract is comprised of plantation forests established over 70 years ago, as well as mixed hardwood areas. This forest encompasses a 405 hectare area that is located at the top of the Oak Ridges Moraine, and is renowned for its excellent cross-country skiing, mountain biking, hiking and horseback riding.

Details: 12 km, Gravel and sand

Access: Concession #7 south of Durham Rd #21

2. Oak Ridges Trail

Tel: 877-319-0285

Facilities: 

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The Moraine passes through some of the most beautiful countryside in Southern Ontario, as well as some built-up areas. As a height of land, the Oak Ridges Moraine contains the headwaters of more than thirty rivers draining into Lake Simcoe and Lake Ontario, and is the source of drinking water for many municipalities. The trail extends through a very beautiful section of the Durham Forest Main Tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough Counties.

Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas

Access: Trail crosses most north-south roads in Durham

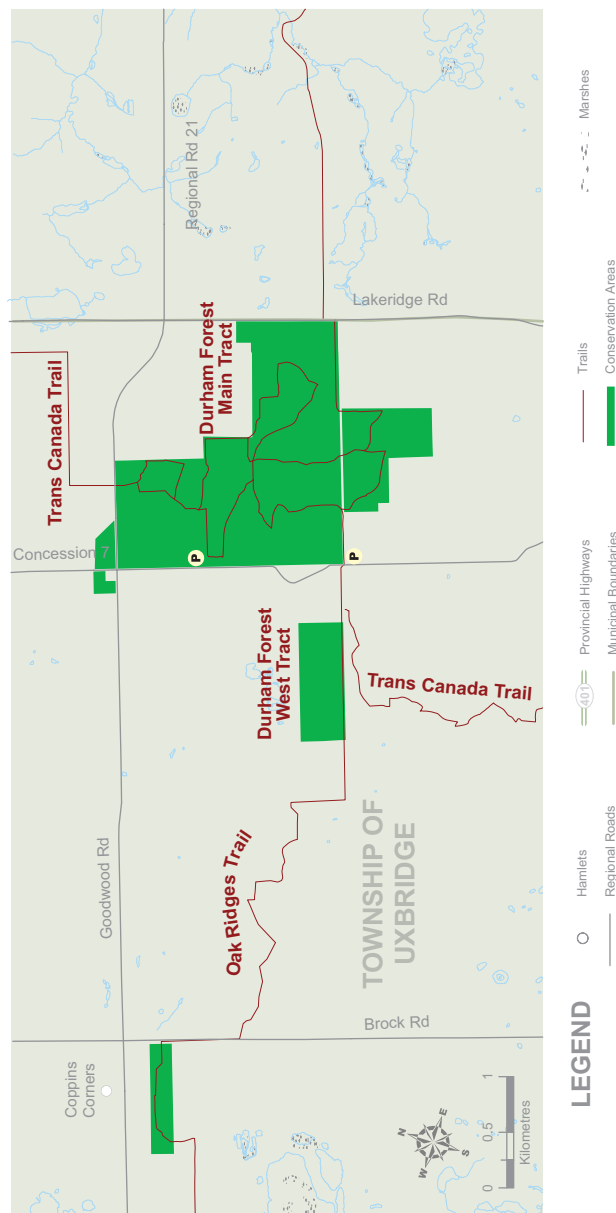
3. Trans Canada Trail

The Durham Regional Forest Main Tract offers over 12 km of marked trails linking with the Trans Canada Trail.

Dress for Comfort



- Wear long pants to protect against poison ivy.
- In winter be aware of wind-chill factor and icy surfaces.
- When choosing clothing and footwear, consider visibility, comfort and layering.





SCUGOG/OSHAWA AREA

1. Oak Ridges Trail

Tel: 877-319-0285

Facilities: 

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The Moraine passes through some of the most beautiful countryside in Southern Ontario, as well as some built-up areas. As a height of land, the Oak Ridges Moraine contains the headwaters of more than thirty rivers draining into Lake Simcoe and Lake Ontario, and is the source of drinking water for many municipalities. The trail extends through a very beautiful section of the Durham Forest Main Tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough Counties.

Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas

Access: Trail crosses most north-south roads in Durham

Oak Ridges Trail Association

www.orta.on.ca

2. Purple Woods Conservation Area

Tel: 905-579-0411

Facilities: 

Open mid-March to Oct 15, Purple Woods is located on the Oak Ridges Moraine with a wonderful southern view. This is the site of the Authority's annual Maple Syrup Festival in mid-March. Discover how syrup was made from early native methods to the modern methods of today. A section of the Oak Ridges Trail passes through Purple Woods. Admission fee for Maple Syrup Festival only.

Details: 2 km, Granular. Non-looping

Access: Simcoe Street North and Coates Road

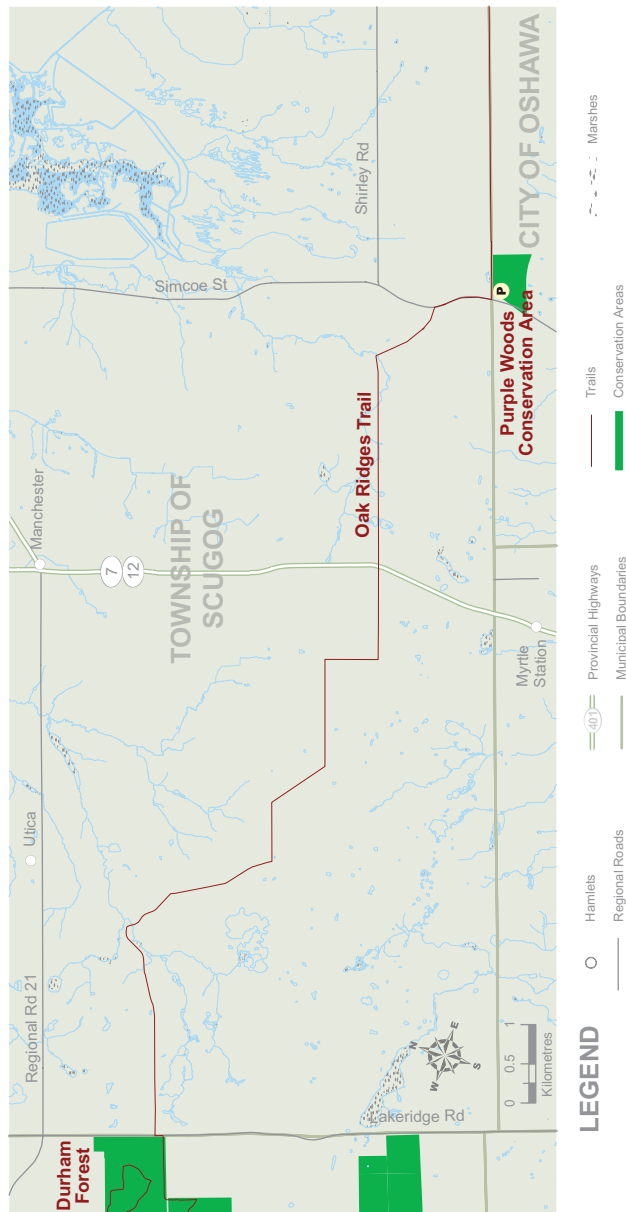
CLOCA

www.cloca.com

Be Prepared



- Let someone know your location and expected time of return.
- Carry a phone card or cell phone.
- Carry a light pack with identification, snacks and water.



CLARINGTON /SCUGOG AREA



CLARINGTON/SCUGOG AREA

1. Long Sault Conservation Area

Tel: 905-579-0411

Facilities:

Hilly, forested-covered terrain, Long Sault is located on the Oak Ridges Moraine and contains a variety of flora and fauna. Snowshoeing and cross-country skiing are encouraged in the winter on designated trails. A section of the Oak Ridges Trail passes through Long Sault. Open year-round.

Cost: \$1.00 per person

Details: 18 km, Earth path

Access: Woodley Road & Regional Road 20

East trail parking located east of main on Regional Road 20

CLOCA

www.cloca.com

2. Enniskillen Conservation Area

Tel: 905-579-0411

Facilities: , Picnic Shelters

A quiet walk with plenty of nature to view through a mixed and wet cedar forest. Host to two life filled ponds and on a sunny day turtles may be seen sun bathing. May 1 - Oct 15. Cost: \$1.00 per person. Group reservations available.

Details: 3 km, Earth paths, boardwalk

Access: Holt Road, Enniskillen

CLOCA

www.cloca.com

3. Oak Ridges Trail

Tel: 877-319-0285

Facilities:

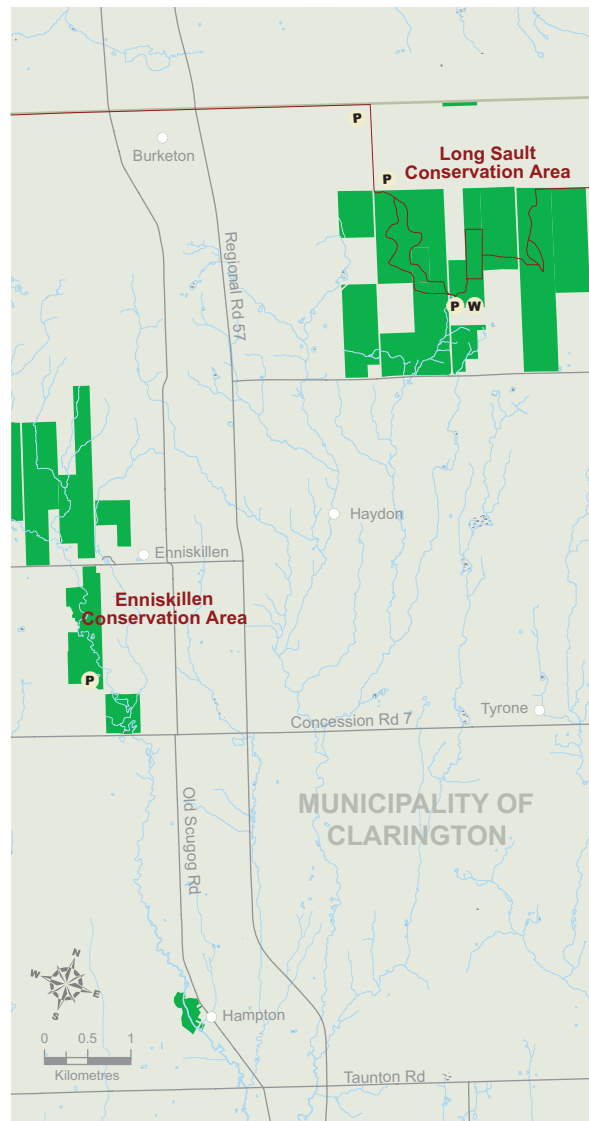
The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The Moraine passes through some of the most beautiful countryside in Southern Ontario, as well as some built-up areas. As a height of land, the Oak Ridges Moraine contains the headwaters of more than thirty rivers draining into Lake Simcoe and Lake Ontario, and is the source of drinking water for many municipalities. The trail extends through a very beautiful section of the Durham Forest Main Tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough Counties.

Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas

Access: Trail crosses most north-south roads in Durham

Oak Ridges Trail Association

www.orta.on.ca



LEGEND

	Hamlets		Trails
	Regional Roads		Conservation Areas
	Provincial Highways		Marshes
	Municipal Boundaries		

GANARASKA FOREST



MUNICIPALITY OF CLARINGTON GANARASKA FOREST

1. Ganaraska Forest

Tel: 905-885-8173

Facilities:

South central Ontario's largest forest totaling 4,200 hectares in size provides outdoor recreational opportunities for both motorized and non-motorized use in designated areas. Call for fees and operation dates.

Details: Hundreds of kms. Dirt, gravel roads, trails

Access: Ganaraska Forest Centre, north-east of Kendal

Ganaraska Region Conservation Authority

www.grca.on.ca

2. Oak Ridges Trail

Tel: 877-319-0285

Facilities:

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Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas

Access: Trail crosses most north-south roads in Durham

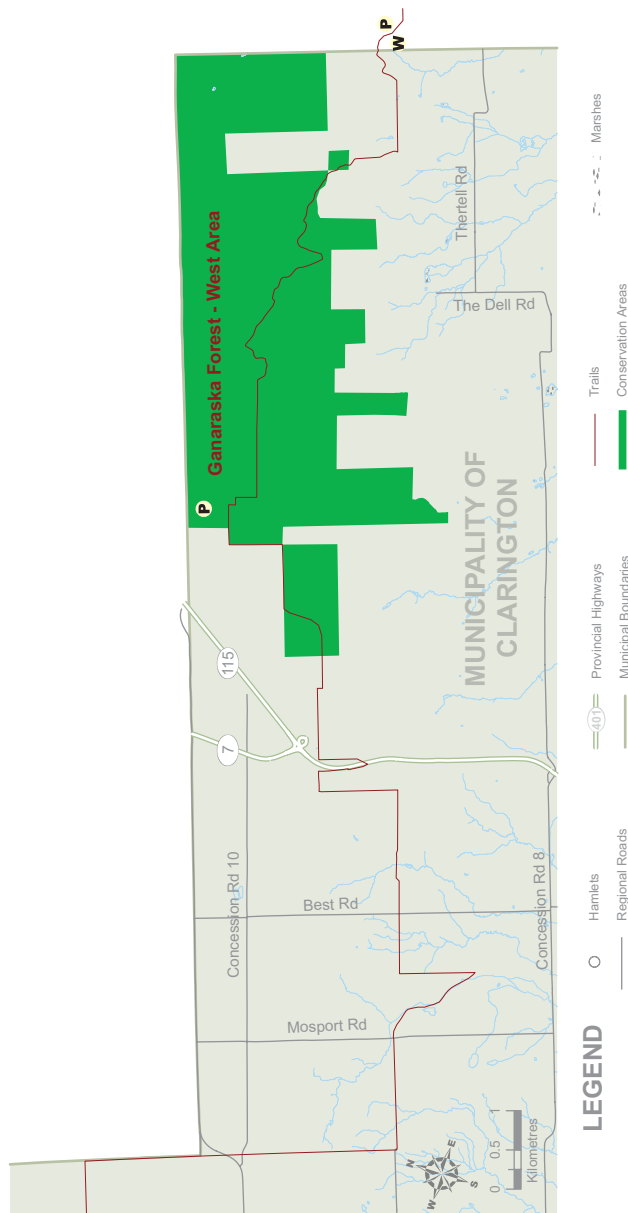
Oak Ridges Trail Association

www.orta.on.ca

Cyclists/In-Line Skaters



- Yield the right of way to other trail users.
- Slow down and use caution when approaching or overtaking another trail user. Make your presence known well in advance.
- Maintain control of your speed at all times and approach turns in anticipation that someone may be around the bend.
- Wear CSA approved safety equipment appropriate to the activity including: helmets, wrist guards, knee/elbow pads.





BROCK & SCUGOG

1. Beaver River Wetland Conservation Area and Trail

Tel: 905-895-1281

Lake Simcoe Region Conservation Authority

Facilities:

www.lsrca.on.ca

This 17km trail follows the original rail bed between Blackwater and Cannington. It is popular for horseback riding, cycling, skiing and walking. No motorized vehicles are allowed except snowmobiles.

Details: 17 km, Hard granular

Access: Access at Hwy 7/12 at Blackwater, Durham Road 12 east of Cannington, Hwy 7/12 and 6th Concession in Sunderland

2. Oak Ridges Trail

Tel: 877-319-0285

Oak Ridges Trail Association

www.ortat.on.ca

Facilities:

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The Moraine passes through some of the most beautiful countryside in Southern Ontario, as well as some built-up areas. As a height of land, the Oak Ridges Moraine contains the headwaters of more than thirty rivers draining into Lake Simcoe and Lake Ontario, and is the source of drinking water for many municipalities. The trail extends through a very beautiful section of the Durham Forest Main Tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough Counties.

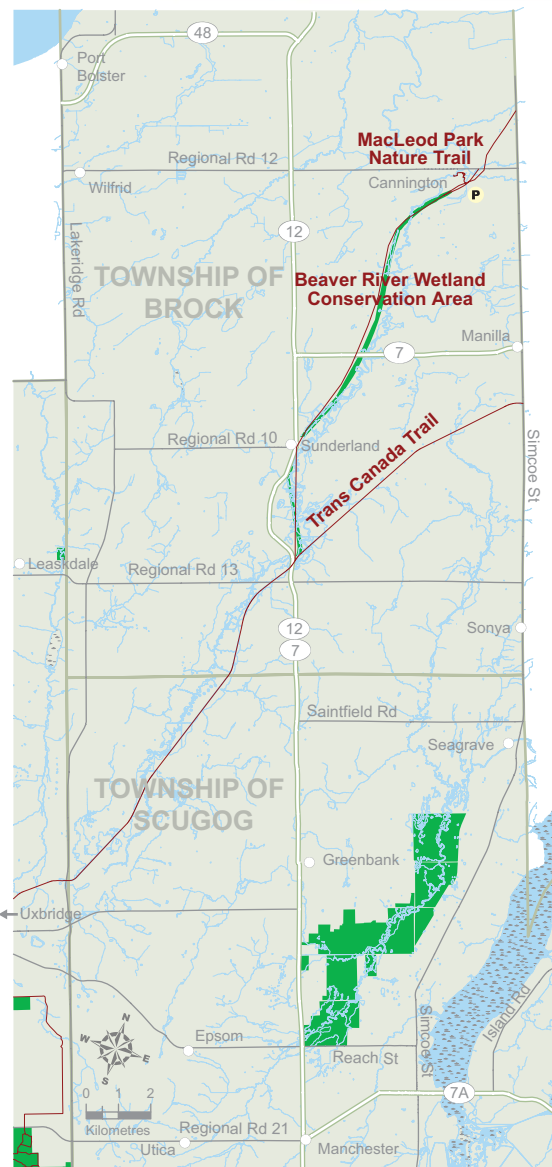
Details: 70 km in Durham, Natural, boardwalks and bridges in wet areas

Access: Trail crosses most north-south roads in Durham

Be a Courteous User



- Tread lightly and leave no trace.
- Don't litter.
- Stay on the trail; you can damage vegetation.
- Always be willing to yield the right of way.
- If you smoke be a considerate smoker. Do so only where you can be sure there is no chance of starting a fire – and don't litter.
- Respect private property and route closures. Don't trespass!
- Try not to disturb wildlife.



LEGEND

- | | |
|----------------------|--------------------|
| Hamlets | Trails |
| Regional Roads | Conservation Areas |
| Provincial Highways | Marshes |
| Municipal Boundaries | |



**We don't just generate electricity.
We also generate fun.**

Come out and have some fun along the Waterfront Trail. Explore our hundreds of acres of wildlife habitat with wetlands, meadows and woods. Come to bike, jog, hike, bird watch and just get in touch with nature. Make it a family affair. The kids will enjoy discovering the almost 900 species of plant and animal life. They could see beavers, herons and deer to name a few. Our trails are open 365 days a year providing fun for everyone in Durham Region. For information on OPG Waterfront Trails call: 905-837-7272 (Pickering) or 905-623-7122 (Darlington).

ONTARIOPOWER
GENERATION

www.opg.com